



Testing can be used to provide targeted treatments. Treatment options are provided as suggestions and are not meant to be used as veterinary care. Use caution in pregnant or nursing pets, or in pets with health conditions or on medication or supplements. Start slowly and use caution as research on products for pets is limited. Suggested companies listed are not an official endorsement. Please consult with your vet for specific recommendations.

Anti-inflammatory Food Toppers

- Butternut Squash
- Pumpkin
- Alfalfa
- Blueberries
- Carrots
- Peppers

Anti-inflammatory Supplements

- Turmeric
- Omega-3 Fatty Acids
- Mushrooms
- Immunity Support Products
- Cat's Claw

Intestinal Barrier Support

- Thorne Vet Gastriplex
- Glutamine
- S. Boulardii
- Slippery Elm
- Dr. Becker's Gut/GI Bites
- Licorice Root

Immune Support

- Fera Pet Mushroom Immune Support or Real Mushrooms Mushroom Immune Support
- S. boulardii such as Animal Biome S. boulardii + FOS
- Immunoglobulins such as Platinum Immune Support for Dogs and Cats

Probiotics

- Visbiome Pet
- FidoBiotics Good Guts
- Fera Pet Organics
- Rx Vitamins NutriGest
- RxVitamins's RX Biotics Multi-strain
- Full Bucket Probiotics for cats and dogs
- Lactobacillus kefir

Prebiotics

- Start slowly
- Inulin: NutriVet Pre & Probiotics Soft Chews
- FOS (Fructooligosaccharides) support: food sources, beet pulp, oats, flaxseed
- KittyBiome S. Boulardii + FOS Probiotic and Prebiotic Powder

Change or Support Pet Food

- A human grade or small-batch cat food
- Change specific protein, for example change from chicken to salmon
- An anti-inflammatory or digestive support food such as Chi Dog Fire Diet or Square Pet Ideal Digestion