



Testing can be used to help target treatments. Treatment options are provided as suggestions and are not meant to be used in place of veterinary care. Use caution in pregnant or nursing pets, or in pets with health conditions or on medication or supplements. As a general rule start with small amounts and increase slowly as tolerated. Follow product recommendations.

### Anti-inflammatory Food Toppers

- Butternut Squash
- Pumpkin
- Alfalfa
- Blueberries
- Carrots
- Peppers

### Anti-inflammatory Supplements

- Turmeric
- Omega-3 Fatty Acids
- Mushrooms
- Anti-inflammatory Supplement
- Cat's Claw

### Intestinal Barrier Support

- Licorice Root
- Glutamine
- Saccharomyces boulardii
- Slippery Elm

### Immune Support

- Mushrooms
- Saccharomyces boulardii
- Immunoglobulins Support
- Spirulina
- Immune Support Supplement

### Probiotics

- Lactobacillus spp
- Bifidobacterium spp.
- Streptococcus Thermophilus
- Enterococcus faecium
- plain yogurt or kefir with live cultures

### Prebiotics

- Food sources, beet pulp, oats, flaxseed
- FOS (Fructooligosaccharides)
- Inulin
- Psyllium seed
- Prebiotic Powder

### Change or Support Pet Food

- A human grade or small-batch dog food s
- Change specific protein, for example change from chicken to salmon
- An anti-inflammatory or digestive support food

### Digestion

- Digestion Supplement Liquid Packs
- Yeast Extract